

3 Books that Everyone Should Read This Summer

Let's be honest. Seldom do we love doing anything because we were told that we had to. At Sage Scholars we aren't into mandatory summer reading lists. Instead, we are here to recommend the books that we think that you are going to remember for years to come. So not to over hype it, but if you have the time, check out the following books for a Summer reading experience like no other.

Originals

Angela's

McCourt

For the Rebel with a Dream

Originals: How Non-Conformists Move the World

Author: Adam Grant

Take a dive head first into the mind of one of the most influential management thinkers of our time. Adam Scott gracefully weaves together unexpected tales of how people ignored the naysayers, effectively thought outside the box and acted when the time was right. His book serves as a how to guide on how to reject conformity to your benefit. He has carefully dissected the study of unexpected success to such an extent where he is able to pass it off to future generations of disruptors.

For the Eternal Optimist

Angela's Ashes

Author: Frank McCourt

It is possible that not many people would recommend Angela's Ashes to those who self-identify as optimists. However, we think that people who have the glass half full perceptive would do well with Frank McCourt's unforgettable memoir of growing up dirt poor in the slums of Ireland. Even in the McCourt family's darkest times, when they had no food or money to make their way home, they were lifted up by the inherent kindness of strangers, willing to lend a hand. You also see the family's resourcefulness especially the unending efforts made by Frank McCourt's

mother, Angela, to provide for her children the best that she could. We have heard too many people give the excuse that they side stepped reading this book because it was "too sad". And yes, conventional wisdom would say that it would be very depressing to read about a mother desperately seeking to put food on the table for her children, while her husband barely works and drinks their dole money. However, Frank McCourt's incredibly gifted knack for retelling the trials and triumphs of this childhood, elevates these experiences with an undefeatable sense of humor and irony. If you don't believe us, just read the first paragraph of the memoir.

"When I look back on my childhood I wonder how I managed to survive at all. It was, of course, a miserable childhood: the happy childhood is hardly worth your while. Worse than the ordinary miserable childhood is the miserable Irish childhood, and worse yet is the miserable Irish Catholic childhood."- Frank McCourt

For the Philosopher

Man's Search for Meaning

Author: Viktor E. Frankl

Viktor Frankl's Man's Search for Meaning is really a must read for everyone, not just the philosophers among us. We put this on the our college reading suggestions list, because we feel that Frankl's argument, which is based on his own experiences in Nazi concentration camps, that we cannot avoid suffering, but we can choose how to cope with it, find meaning in it, and move forward with renewed purpose is incredibly profound. Between 1942 and 1945 Frankl labored in four different camps, including Auschwitz, while his parents, brother, and pregnant wife perished. Frankl's theory-known as logotherapy, from the Greek word logos ("meaning")-holds that our primary drive in life is not pleasure, as Freud maintained, but the discovery and pursuit of what we personally find meaningful.

That's a wrap up for our college reading suggestions for this Summer! If you have any thoughts or comments on our list feel free to tweet us @SAGEScholars to share your thoughts!

